

YOUNG CARERS ACTION DAY

13 March 2024



Fair Futures for Young Carers

Being a young carer shouldn't be a barrier to a young person's dreams. It should be a stepping stone to a brighter future.

WHAT IS A YOUNG CARER?

A young carer is a person under 18 who provides care for someone, usually a family member with an illness, disability, mental health issue or addiction.

IMPACT

National evidence and local audits show that having a caring role can impact on a child's physical and mental wellbeing, social relationships, education and employment prospects.

EARLY IDENTIFICATION

Early identification is crucial to provide support before a child becomes vulnerable. However, identifying young carers can be challenging for all professionals.

HSCP TRAINING

[An Introduction to identifying and Supporting Young Carers](#) supports professionals and service providers on identifying young carers, understanding the impacts of a caring role, and providing multi-agency responses. Hampshire Young Carers Alliance will also share information about young carers' rights and the support they offer across the county.

Can you help?

HCC YOUNG CARERS STRATEGY



Hampshire County Council's Young Carers Strategy is being updated. If you are interested in enhancing the lives of young carers and participating in this project, email HSCP@hants.gov.uk by 31 March 2024.