

Surrey and Borders NHS Foundation Trust to deliver North East Hampshire Child and Adolescent Mental Health Services from 1 February 2024

From 1 February 2024, the way Child and Adolescent Mental Health Services (CAMHS) are delivered across Hampshire is changing.

CAMHS services in North East Hampshire will transfer to Surrey and Borders Partnership NHS Foundation Trust from the current provider, Sussex Partnership NHS Foundation Trust. Moving services to Surrey and Borders will provide greater geographical alignment, reduce inequalities, and improve population health across Frimley, and it will align adult and children's services under a single NHS provider.

In all other parts of Hampshire, CAMHS services will transfer to Southern Health NHS Foundation Trust from Sussex Partnership.

The following CAMHS services will be transferring to Surrey and Borders:

- **Aldershot Children and Young People's Community CAMHS team** – including Looked After Children, Learning Disabilities and Neurodevelopmental assessment and treatment for those with co-occurring mental health needs. Please see 'What's changing?' for neurodevelopmental referrals with no co-occurring mental health needs.
- **Children's Eating Disorders**
- **Early help**
- **Mental Health Support Teams (MHSTs)** – Aldershot and Rushmoor
- **Crisis Intervention Service**

Staff currently employed by Sussex Partnership will transfer to Surrey and Borders in February. During this transition period, together with NHS Frimley Integrated Care Board and Aldershot staff, we are working to ensure continuity of care for children, young people and families alongside maintaining safe and accessible provision.

What is staying the same?

Anyone currently being seen by the service will continue to receive care. Appointments with the Community CAMHS team will continue to be in the same location and most likely with their current clinician. For children and young people who will see a different clinician, this will be discussed with them and their family or carer. For a small group of patients, if their lead clinician is transferring to Southern Health and they are on either a specific treatment plan or nearing discharge, then they will continue to receive care from their current clinician. In these instances, the lead clinician for care will retain contact with the GP until the point of discharge or transfer.

Schools already have a variety of support in place for children and young people's mental health and emotional wellbeing. This could include a Mental Health Support Team (MHST), a School Nurse, or an Emotional Literacy Support Assistant (ELSA).

Other support continues to be available including:

- [NHS Talking Therapies for Anxiety & Depression - TalkPlus](#) for young people aged 16+.
- [Youth Counselling Service :: Mindworks Surrey \(mindworks-surrey.org\)](#). for young people aged 12+

- [Kooth.com](https://www.kooth.com) - A free, anonymous online counselling and emotional wellbeing support service for young people aged 11-25 years (up to their 26th birthday) in Hampshire. It offers a safe way to access support for emotional health and wellbeing needs from a team of professional qualified counsellors. No referral needed.
- [NHS 111 Mental Health Triage team](#) - Provides mental health support 24 hours a day, 7 days a week to people of all ages across Hampshire and the Isle of Wight.

Before considering making a referral to NEH CAMHS, we would encourage you to explore these options.

What's changing?

Please use our online referrals portal for mental health referrals. The portal is available here: <https://childrensreferrals.sabp.nhs.uk/> You will not be able to use the referrals portal previously available via the Hampshire CAMHS website to make a referral.

For neurodevelopmental needs, where there is a co-occurring mental health need, referrals should be made to NEH CAMHS. For all children aged 6-17 years inclusive who require a neurodiversity assessment, who do not have a co-occurring mental health need, please refer to Psicon using the current referral route which has been extended to include 12-17 year olds.

Currently, we are only accepting self-referrals for our Eating Disorders service which should be made by contacting the Eating Disorders team directly on 01372 216 633. For all other services, only health, social care and education professionals will be able to make a referral. This is being kept under review, and we will provide an update if this changes.

Support in a crisis

Professionals can contact our Early Help team if they have a child or young person in crisis. The team can be contacted on 01252 335600, Monday – Friday 9am – 5pm.

We provide a free 24/7 mental health crisis line for children aged from six years, young people and their families or carers who are in crisis. Please call 0800 915 4644 to talk with a professional who will provide advice, support, and signposting to a range of community services. It's open all day and all night, seven days a week. Children and young people should no longer be directed to NHS 111 in a crisis.

More information

For more information, please visit our website: [Children and Young People : Surrey and Borders Partnership NHS Foundation Trust \(sabp.nhs.uk\)](https://www.childrenandyoungpeople.surreyandborders.nhs.uk/)

For any issues, concerns, or feedback specifically about the transfer of these services please contact frimleyicb.necamhstransfer@nhs.net.