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Date: 05 January 2024

Dear Head Teacher,

### **Health and Wellbeing School Survey - Letter from Director of Public Health Hampshire**

Every two years the Hampshire County Council Public Health Team conduct **Health and Wellbeing School Surveys**. I am writing to thank you if you have already taken part and encourage those that have not to complete the surveys over the coming weeks.

The survey is part of a series, including for year 5 pupils, post-16 learners, staff from all education settings, and a settings survey to senior leaders to understand health and wellbeing policy and provision.

Following completion of the survey you will receive an individual report, and county-wide summary reports on staff and settings. This enables you to demonstrate that you:

- Understand the health and wellbeing needs of your community and can evidence children and young people's personal development including resilience, healthy eating, active lifestyles, healthy relationships, and online safety.
- Prioritise actions based on pupil voice.
- Understand and respond to the training and support needs of your staff.
- Take a Whole School Approach to improving health and wellbeing, for example through improvements to policy, environment, or provision.

The results of the Health and Wellbeing School Surveys enable us to ensure the work we do with education settings on public health meets the needs of students and staff. As a result of the last two rounds of surveys we have developed introductory e-learning on topics such as relationships and sex education, healthy weight, drugs and alcohol, oral health, and self-harm, which have now been completed by over 400 education staff. Furthermore, we have been piloting suicide prevention training and support for Designated Safeguarding Leads.

*Director of Adults' Health and Care*  
**Graham Allen**

*Chief Executive*  
**Carolyn Williamson**

The survey data has also been used to inform smoking prevention social media campaigns and develop our offer for schools and colleges to prevent vaping, drug, and alcohol use.

So far, over 1500 primary pupils, 800 post-16 learners, 600 staff and 70 settings have taken part in the surveys. I ask that you take part for the benefit of your setting and every student in Hampshire.

**The surveys will remain open until 9 February 2023 to enable as many settings as possible to take part.** Please email [healtheducation@hants.gov.uk](mailto:healtheducation@hants.gov.uk) for more information and to receive your survey link. If your setting has already registered to take part, and you are experiencing any difficulties sharing the survey, please email [healtheducation@hants.gov.uk](mailto:healtheducation@hants.gov.uk) and the team will be able to help you.

Yours sincerely



**Simon Bryant FFPH**  
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